



# CBT to become a Community Supported Agriculture \* Drop Off Site

From rabbis discussing the finer points of kashrut to Jewish holidays being in tune with the agricultural seasons, food is at the very core of Judaism. Growing numbers of Jews are beginning to think about sustainable agriculture and the intersection of Jewish life and contemporary food issues. With this thought in mind we would like to give our members an opportunity to take part in the new Jewish food movement by joining a CSA.

**\*Community Supported Agriculture**, or “CSA” is a mutually-beneficial arrangement between community members and a local farmer in which the farmer provides produce during the growing season in exchange for payment before the season begins. Since CSA members pay at the beginning of the season, they share with the farmer the benefits and risks of farming that result from yearly variations in the weather.

**How it Works:** Each week, “Farm Fresh to You” will deliver one box of organically grown fruits and vegetables to participating congregants. Deliveries will be dropped off every Thursday outside the front door of the synagogue, by 5:00 pm. All you have to do is pick up your assigned box (it will have your name on it) and you are good to go!

Not a fan of fennel? Or does kale make you cranky? Not a problem! You can ask that certain fruits and veggies are removed from your box and substitutes will be provided. Farm Fresh to You will also hold your delivery should you go on vacation or need to suspend service.

**Stop by the lobby on Sunday, March 16<sup>th</sup>** and see sample boxes. You can sign up then, take home a flyer or visit their website [www.farmfreshtoyou.com](http://www.farmfreshtoyou.com). Please understand that the temple office will not be involved with your partnership with the CSA, but is merely providing a convenient site for religious school parents and congregants to pick up their organic produce box. Since Farm Fresh to You also makes door to door deliveries we are helping the environment by providing a drop off site. We will need a minimum of 12 members in order to get started.

If you are interested in reading about what others synagogues are doing for “Tuv Ha’aretz” or “the good of the land” visit [www.jcarrot.org](http://www.jcarrot.org). You can also read about the Hazon Food Conference, Planting the Seeds for the New Jewish Food Movement, that was held in December 2007, at [www.hazon.org](http://www.hazon.org).

If you have any further questions, email [Alison.negrin@johnmuirhealth.com](mailto:Alison.negrin@johnmuirhealth.com)., our CBT liaison.